



Personal Equipment List:

- Sleeping bag (warm or with extra blankets)
- Sleeping pad (foam)
- Cup with handle, not Styrofoam

- ✓ Warm hat
- Rain gear
- **Extra pair of pants**
- **Extra shirt**, long sleeves
- Change of underwear
- Extra socks
- Pajamas or sweat suit
- **Extra shoes**
- **E** Comb
- Soap and washcloth
- **∠** Towel
- Toothpaste and toothbrush

OPTIONAL:

- Sun tan lotion (sunscreen)
- Mosquito repellent
- ∠ Camera, film

Group Equipment

- ✓ Plastic garbage bags (you must carry out your trash)
- ∠ Lantern, camp stove/fuel
- ∠ Unit Copy of trading post pre-order form